

Medical Coverage

Your employer will continue to offer Two (2) medical plan options through Blue Cross Blue Shield. These plans contain comprehensive health care benefits, including free preventive care services, and coverage for prescription drugs.



Our Network

Visit any doctor in the BlueCross BlueCard Network

Go in network — no referral needed

You don't have to choose a primary care physician (PCP)* with this plan. But selecting a PCP is still important because they do more than give you a checkup. They:

- Get to know you and your medical history
- Guide you on important health decisions and direct your care
- File claims for you

Plus, you may pay less out of pocket for their care.

Online directory

Find network doctors, right at your fingertips

Need a doctor? Simply search by specialty and location in our online directory. You'll also find maps, directions and more. You can also look for doctors who speak different languages. Just visit empireblue.com/find-care and select "Find a doctor" to get started.

- Select "Basic Search as a Guest"
- Select the type of plan or network: **Medical Plan**
- Select the State you wish to search
- Select how you get health insurance: Medical (Employer-Sponsored)
- Select a plan or network: National PPO (BlueCard PPO)



Preventive care covered with no cost sharing

Get checkups, screenings, vaccines, prenatal care, contraceptives and more with no out-of-pocket costs.

This includes routine screenings and checkups. It also includes counseling you get to prevent illness, disease or other health problems.

Many of these services are covered as part of physical exams. These include regular checkups, and routine gynecological and well-child exams. You won't have to pay out of pocket for these preventive visits.

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MESA

MEMBER PORTAL REGISTRATION SUMMARY GUIDE

The URL for the portal is <https://mesa.leadingedgeadmin.com/>

- 👤 The following are quick steps on how to register as a member via the Leading Edge Administrators MESA Portal
- 👤 Click on Sign Up Now (**have your Member ID # available**).
- 👤 Select Employee or Dependent
- 👤 Enter Email address
- 👤 Enter your Identification Number, this is your ID number (**Located on your member medical ID card**)
- 👤 Enter all required fields (**listed with an "*"**) – Name, DOB, Etc.
- 👤 Enter your desired username, password, and security questions/answers
- 👤 Review all entered information, read disclaimer, and electronically sign with date

Once registration is complete, you will receive a confirmation email. You will then be able to logon and view your account details which include your plan summary, claims, search for a provider and request permanent and temporary ID cards

Have a video visit with a doctor in minutes, 24/7

Using LiveHealth Online, you can have a visit with a doctor on your smartphone, tablet or computer.



Life moves pretty fast. When you're not feeling well, you want to feel better fast. With LiveHealth Online, you don't need to make an appointment. Just sign up at livehealthonline.com or use the app, and see a board-certified doctor in a few minutes.

When your own doctor isn't available, use LiveHealth Online if you have:

- o Pinkeye
- o A cold
- o The flu
- o A fever
- o Allergies
- o A sinus infection
- o And more

A doctor can assess your condition, provide a treatment plan and even send a prescription to your pharmacy, if it's needed.*

What will a visit cost?

There is \$0 copay for the Basic, Standard & Premium Plans, the Bronze HSA & HSA Plans are subject to the plan deductible; costs will vary depending on the provider type.

Sign up for LiveHealth Online today -- it's quick and easy

Go to livehealthonline.com or download the app and register on your phone or tablet



See a Spanish-speaking doctor with Cuidado Médico on LiveHealth Online

